

Chapel Hill Zen Center Newsletter — May & June, 2024

<http://www.chzc.org>

June Practice Period 2024

Name _____

Email: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2	June 3	June 4	June 5	June 6	June 7	June 8
9:00 zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	Workshop
11:20 Tea	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	
			Evening			
	5:30 study	7:00 zazen	6:00 zazen	7:00 study		
		7:45 Talk				
June 9	June 10	June 11	June 12	June 13	June 14	June 15
9:00 zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	
11:20 Tea	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	
			Evening			
	5:30 study	7:00 zazen	6:00 zazen	7:00 study		
		7:45 talk				
June 16	June 17	June 18	June 19	June 20	June 21	June 22
9:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	7:30 Orientation
Dharma Talk	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	
			Evening			
	5:30 study	7:00 zazen	6:00 zazen	7:00 study		
		7:45 Talk				
June 23	June 24	June 25	June 26	June 27	June 28	June 29
All Day Sitting	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	6:00 am zazen	
10:30 Talk	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	6:50 zazen	
			Evening			
	5:30 study	7:00 zazen	6:00 zazen	7:00 study		
		7:45 Talk				
June 30						
9:am zazen						
11:20 Tea						